

# Mental Health Resources

## Recursos de Salud Mental y Orientacion

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### PSUSD Mental Health Department 760-416-1360

Baristo Center: 333 S Farrell Dr, Palm Springs, CA 92264  
11625 West Dr, Desert Hot Springs, CA 92240

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#### **Barbara Sinatra Children's Center:**

**Description:** Individual and group counseling for children who are victims of abuse or domestic violence. Psychological, sexual abuse and psychiatric assessments are available. Works with children diagnosed with a psychological disorder and runs a teen girls self-esteem program.

**Ages:** Clients are children (up to 17), but they do family therapy as well.

**Eligibility Requirements:** No child is turned away for a family's inability to pay.

**Payment:** Accepts Medi-Cal & Sliding scale.

**Location:** 39000 Bob Hope Dr. Rancho Mirage, CA 92270

**Phone:** 760-340-2336

#### **CHARLEE Family Care:**

**Description:** Individual and family counseling for youth, teens and their adult caregivers.

**Ages:** All ages, with consent.

**Eligibility Requirements:** Demonstrate a need for services.

**Payment:** Accepts Medi-Cal.

**Location:** 45691 Monroe St. Indio, CA 92201

**Phone:** 760-342-5727

#### **Jewish Family Services of the Desert:**

**Description:** JFS offers mental health and grief counseling services, as well as support groups for teens to seniors. They also have a KidsFirst counseling program and the KidsFirst Healthy Life program (which are school based).

**Ages:** Elementary School to Senior

**Eligibility Requirements:** Age of consent (12) for services and does not only serve the Jewish community.

**Payment:** Accepts Medi-Cal, Sliding scale available and accepts most insurance carriers.

**Location:** 801 E Tahquitz Canyon Way #202 Palm Springs, CA 92262

**Phone:** 760-325-4088

**Second Location:** 73750 Catalina Suite A Palm Desert, CA 92260

**Phone:** 760-779-9400

#### **Riverside County Department of Mental Health (Indio clinic):**

**Description:** Adult clinics provide services to adults suffering from severe and persistent mental health problems. These services include crisis intervention, psychiatric assessments, recovery management, medication services, case management and dual-diagnosis treatment. There is also an urgent care program, peer-to-peer recovery services and outreach to mentally ill homeless. They also help with housing assistance; children's mental health clinics provide services to children with severe emotional and behavioral problems. Services include psychiatric evaluations, medication services, individual and family therapy and case management services.

**Ages:** 12- Senior.

**Eligibility Requirements:** None specified. Usually serves low-income populations.

**Payment:** Low cost- sliding scale or free.

**Location:** 47825 Oasis Street Indio, CA 92201

**Phone:** 760-863-8455

# Substance Abuse Treatment

## Programas de Abuso de Substancias

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### PSUSD Mental Health Department 760-416-1360

Baristo Center: 333 S Farrell Dr, Palm Springs, CA 92264  
11625 West Dr, Desert Hot Springs, CA 92240

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#### ABC Recovery Center:

**Description:** Detox, primary residential treatment, perinatal residential treatment, day treatment, outpatient and transitional/ sober living programs all available for adults suffering from substance abuse.

**Ages:** 18 and over.

#### Eligibility Requirements:

Waitlist. It serves both men and women and also needs to undergo an assessment/ intake process.

**Payment:** Accepts all forms of payment: check, money order, credit card, insurance and payment plan.

**Location:** 44359 Palm Street Indio, CA 92201

**Phone:** 760-342-6616

#### Latino Commission Counseling Center

**Description:** Outpatient and inpatient substance abuse and mental health services for adolescents.

**Ages:** 12 through 18

**Eligibility Requirements:** None

**Payment:** Medical, IEHP, & cash.

**Location:** 1612 First St. Coachella, CA 92236

**Phone:** 760-398-9000

#### Betty Ford Center:

**Description:** Detox, in-patient, residential day treatment, intensive outpatient and pain management programs available to help adults suffering from addiction. Clients have access to individual and group therapies. In the children's program, the family under goes a weeklong treatment together.

**Ages:** 18 and over. The children's program works with the children of addicts, ages 7 to 12.

**Eligibility Requirements:** Also, needs to undergo an assessment/ intake process.

**Payment:** Comprehensive pricing. No child is turned away for inability to pay.

**Location:** 39000 Bob Hope Dr. Rancho Mirage, CA 92270

**Phone:** 760-773-4100

#### Casa Cecilia:

**Description:** Residential long term treatment (more than 90 days) and in-patient services for women seeking treatment for substance abuse. Provide individual counseling for women with children. Also, helps you obtain food stamps.

**Ages:** Adults.

#### Eligibility Requirements:

Treats only women. Waitlist and also needs to undergo an assessment/ intake process.

**Payment:** Self-payment. Sliding scale assistance based on income and other factors. Medical.

**Location:** 83385 Rosa Avenue Thermal, CA 92274

**Phone:** 760-398-2008

**Care Line:** 800-499-3008 (to register)

#### Casa Las Palmas:

**Description:** Residential long term treatment (more than 30 days) and in-patient services for men seeking treatment for substance abuse.

**Ages:** Adults.

#### Eligibility Requirements:

Treats only men. Waitlist and also needs to undergo an assessment/ intake process.

**Payment:** Accepts Medical.

**Location:** 83844 Hopi Avenue Indio, CA 92201

**Phone:** 760-398-9000, 760-367-9442

#### Ranch Recovery Centers

##### Hacienda Valdez:

**Description:** Residential short-term (30 days or less), residential long-term (90 days or less), detox treatment and

halfway house services available.

**Ages:** Woman only.

#### Eligibility Requirements:

Waitlist and needs to undergo an assessment/ intake process.

**Payment:** Self-payment and private health insurance accepted.

**Location:** 12890 Quinta Way Desert Hot Springs, CA 92240

**Phone:** 760-329-2959

#### Riverside County Substance Use/Prevention Services

**Description:** Out-patient substance abuse counseling for adolescents.

**Ages:** 11 through 18

#### Eligibility Requirements:

Needs to undergo an assessment/intake process.

**Payment:** Medical, sliding fee scale.

#### Locations:

Cathedral City – 68615 Perez Rd. Ste. 6A Cathedral City, CA 92234

Indio – 83912 Avenue 45 Ste. # 9 Indio, CA 92201

Desert Hot Springs—14320 Palm Dr. Desert Hot Springs, Ca. 92240

**Hours:** Mon – Friday from 8 am to 5 pm

#### Phones:

Cathedral City - 760-770-2286

Indio - 760-347-0754

#### Michael's House Treatment Center

**Description:** The program serves to provide individual and group therapy, holistic services, educational groups, relapse prevention and a variety of other services.

**Ages:** 18 and older

**Location:** 2095 N. Indian Canyon Dr. Palm Springs, CA 92262

**Payment:** Option available upon request

**Telephone:** 877-714-1318

## Community Service Contacts

Students who need to complete community service hours as one of the pre-requisites for returning to the district program, should refer to the list below and contact one of the following organizations. Request that the organization allow you to volunteer the number of hours that you must complete. Have a representative from that organization keep track of your hours and document that you completed the required tasks. Please turn in the proof of completion of the community service hours to Student Services. Keep a copy of this record indicating that you have completed the required time.

The following are suggestions only. You may also volunteer at other **nonprofit** groups, your church or similar organizations.

### BE KIND TO ANIMALS

Animal Samaritans; Thousand Palms (16 years or older)	343-3477
Save a Pet; Desert Hot Springs	329-8314

### CARING FOR THE SICK

Palm Springs Stroke Activity Center; Palm Springs	323-7676
Rancho Mirage Health Care; Rancho Mirage	340-0053
The Carlotta Retirement and Health Care; Palm Desert	346-5420

### FEEDING THE HUNGRY

Martha's Kitchen	347-4741
FISH; Indio	775-3663

### FIGHTING CRIME

Citizens on Patrol; Cathedral City	770-0300
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### HELPING CHILDREN

Boys and Girls Clubs:	
Coachella Valley	775-7155
Desert Hot Springs	329-1312
Palm Springs	322-7393
Family YMCA of the Desert; Palm Desert	341-9622
Youth and Business Partners; Rancho Mirage	346-5512-Fax

## **HELPING OTHERS**

Braille Institute Desert Center; Rancho Mirage	321-111
Coachella Valley Rescue Mission	347-3512
Joslyn Cove Community Senior Center, Palm Desert	340-3220
Mizell Senior Center; Palm Springs	323-5689
Mourning Star Center	836-0360
Pegasus Riding Academy for the Handicapped; Palm Desert	772-3057
Volunteers for Welwood Murray Memorial Library; Palm Springs	320-0372

## **PREPARING FOR EMERGENCIES**

American Red Cross; Coachella Valley	773-9105
Community Blood Bank; Rancho Mirage	773-1190

## **PROTECTING NATURE**

Animal Samaritans; Palm Desert	343-3477
Bighorn Institute; Rancho Mirage	341-1324
Friends of the Mountains; Palm Desert	776-5026

## **VISITING THE LONLEY**

Care West; Palm Springs	323-2638
Desert Area Meals on Wheels Inc.	347-5111
Manor Care Nursing Center; Palm Springs	341-0261
The Carlotta Retirement and Health Care Center, Palm Desert	346-5420

## **GOODWILL INDUSTRIES**

69175 Ramon Road, Cathedral City	202-1544
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## Contactos Para Servicio Comunitario

Los alumnos que, como parte de los requisitos antes de regresar al distrito, necesitan cumplir con un número horas de servicio comunitario, pueden consultar con la siguiente lista y ponerse en contacto con una de dichas organizaciones. Solicite que dicha organización le permita a su hijo/a darse de voluntario por la cantidad de horas requeridas para el alumno. Pida a un representante de la organización que lleve cuenta de las horas y que documente que haya terminado el trabajo asignado. Entregue el comprobante que indique que terminó las horas de servicio comunitario al Departamento de Servicios Estudiantiles. Quédese con una copia de esta documentación que indica que usted terminó el plazo requerido.

Lo que sigue son sugerencias solamente. El alumno puede dars de voluntario en otros grupos **sin fines lucrativos** como su iglesia u otras organizaciones similares.

### SEA NOBLE CON LOS ANIMALES

Animal Samaritans; Thousand Palms (16 years or older)	343-3477
Save a Pet; Desert Hot Springs	329-8314

### CUIDANDO A LOS ENFERMOS

Palm Springs Stroke Activity Center; Palm Springs	323-7676
Rancho Mirage Health Care; Rancho Mirage	340-0053
The Carlotta Retirement and Health Care; Palm Desert	346-5420

### ALIMENTAR AL HAMBRIENTO

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Martha's Kitchen	347-4741
FISH; Indio	775-3663

### LUCHANDO CONTRA EL CRIMEN

Citizens on Patrol; Cathedral City	770-0300
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### AYUDANDO A MENORES DE EDAD

Boys and Girls Clubs:	
Coachella Valley	775-7155
Desert Hot Springs	329-1312
Palm Springs	322-7393
Family YMCA of the Desert; Palm Desert	341-9622
Youth and Business Partners; Rancho Mirage	346-5512-Fax

### **AYUDANDO A LOS DEMAS**

Braille Institute Desert Center; Rancho Mirage	321-111
Coachella Valley Rescue Mission	347-3512
Joslyn Cove Community Senior Center, Palm Desert	340-3220
Mizell Senior Center; Palm Springs	323-5689
Mourning Star Center	836-0360
Pegasus Riding Academy for the Handicapped; Palm Desert	772-3057
Volunteers for Welwood Murray Memorial Library; Palm Springs	320-0372

### **PREPARANDOSE PARA EMERGENCIAS**

American Red Cross; Coachella Valley	773-9105
Community Blood Bank; Rancho Mirage	773-1190

### **PROTEJIENDO LA NATURALEZA**

Animal Samaritans; Palm Desert	343-3477
Bighorn Institute; Rancho Mirage	341-1324
Friends of the Mountains; Palm Desert	776-5026

### **VISITANDO A LOS SOLITARIOS**

Care West; Palm Springs	323-2638
Desert Area Meals on Wheels Inc.	347-5111
Manor Care Nursing Center; Palm Springs	341-0261
The Carlotta Retirement and Health Care Center, Palm Desert	346-5420

### **INDUSTRIAS DE GOODWILL**

69175 Ramon Road, Cathedral City	202-1544
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