

PSUSD Air Quality Index Activity Reading For Specific Groups

AQI Level	AQI Range (PerryWeather)	Student (CDE)	Athletics (CIF)	Staff (Cal/OSHA)
Level 1 Good	0–50	No Restrictions	No Restrictions	No specific action required
Level 2 Moderate	51–100	Ensure that sensitive individuals are medically managing their condition	Ensure that sensitive individuals are medically managing their condition.	Monitor for sensitive individuals
Level 3 Unhealthy for Sensitive Groups	101–150	Sensitive individuals should exercise indoors or avoid vigorous outdoor	<p>Increase rest breaks and substitutions per CIF guidelines. Reduce vigorous exercise to 30 minutes per hour of practice time.</p> <p>Ensure that sensitive individuals are medically managing their condition.</p>	Not mandatory, but monitor and offer voluntary protections
Level 4 Unhealthy	151- 200	Exercise indoors or avoid vigorous outdoor activities sensitive individuals should remain indoors	Exercise indoors or reduce vigorous exercise to 30 minutes of practice time increased rest breaks and substitutions per CIF guidelines	Cal/OSHA wildfire smoke rule applies Staff required to work outdoors will be provided with N95 respirators as recommended. By Cal OSHA.
Level 5 Very Unhealthy	201-300	No outdoor activity all activities should be moved indoors	No outdoor activity. All activities should be moved indoors. Sporting events must be rescheduled or relocated.	Non-essential outdoor work will be rescheduled or modified staff with respiratory conditions will be given accommodations
Level 6 Hazardous	301+	No outdoor activity or activity should be moved indoors	No outdoor activity. All activities should be moved indoors. Sporting events must be rescheduled or relocated.	Outdoor work suspended and emergency response protocols will be enacted indoor areas will be equipped with air filtration systems to maintain safe working conditions.