

Courage to Speak – Courageous Parenting 101



- This Program Covers:
- Teaching Drug Refusal Skills
- Understanding Emotional Pain and Teaching Children How to Cope
- Knowing Signs of Drug Use
- Protective Psychological and Developmental Factors
- Practical Steps to Take if Use is Suspected

**The English class will be on ZOOM
October 6, 13, 20 & 27
4:00-5:30 p.m.**

Meeting ID: 883 1143 4686

Register on link <https://bit.ly/CouragetoSpeakFall2020> or call (760) 416-1374



"This program was developed by the Courage to Speak® Foundation Whose Mission is "Saving Lives By Empowering Youth To Be Drug Free And Encouraging Parents To Communicate Effectively With Their Children About The Dangers Of Drugs"

Visit: HYPERLINK "<http://www.couragetospeak.org>" www.couragetospeak.org for more information