

# COBRA Rates 2023-2024

## From October 1, 2023 - September 30, 2024

### SELF-INSURED SCHOOLS of CA (SISC) MEDICAL ADMINISTRATOR CERTIFICATED/CONFIDENTIAL/MANAGEMENT COBRA RATES

For Medical COBRA enrollment please contact SISC directly at (661) 636-4214  
These rates shown below are only an estimate as rates may change at the time of enrollment with SISC

Medical Plan	Family/Composite COBRA Rate
Kaiser HMO	\$1,482.06
Blue Shield HMO Trio	\$1,499.40
Blue Shield HMO	\$1,634.04
Blue Shield PPO 80-G	\$1,514.70
Blue Shield PPO 100-B	\$1,839.06

### NWA TEAMSTERS TRUST MEDICAL & VISION COBRA RATES – CLASSIFIED

For Medical and Vision COBRA enrollment please contact NWA Teamsters directly at (877) 214-8928  
These rates shown below are only an estimate as rates may change at the time of enrollment with Teamsters

Teamster Group	Composite Rate		
Teamster I	\$ 1,811.62		
Teamster II	\$ 1,811.62		
Teamster Group	1 Person	2 People	Family
Early Retiree	\$ 682.41	\$ 1,373.46	\$ 2,013.34
Part-Timer	\$ 682.41	\$ 1,373.46	\$ 2,013.34

### VISION COBRA RATES – CERTIFICATED/CONFIDENTIAL/MANAGEMENT

	1 Person	2 People	Family
VSP Vision	\$8.61	\$17.23	\$25.41

### DENTAL COBRA RATES

Certificate/Confidential/Management	1 Person	2 People	Family
Delta Dental PPO Incentive	\$54.93	\$122.29	\$180.15
Delta Dental PPO	\$49.56	\$110.38	\$162.60
Delta HMO Dental	\$20.97	\$34.63	\$51.17
Classified	1 Person	2 People	Family
Delta Dental PPO Incentive	\$54.93	\$109.83	\$162.01
Delta Dental PPO	\$49.56	\$99.14	\$146.23
Delta HMO Dental	\$20.97	\$34.63	\$51.17

If you are a Certificated or Confidential/Management classification contact Risk Management  
for Dental or Vision COBRA enrollment at [riskmanagement@psusd.us](mailto:riskmanagement@psusd.us)